



Excellence, Integrity, Innovation, Collaboration

11759 Groat Road, Edmonton Alberta, Canada T5M 3K6

Phone: 780 415-1780 Fax: 780 415-1788

Swimming 101

Oct 5-7, 2018

NAIT Dept of Athletic & Recreation Facilities Room J-010

11762 106 Street NW

Edmonton, AB, T5G 2R1

780-471-8531

Friday June 15, 2018

Class 5-7:30pm

Pool 7:30-9pm

Saturday June 16, 2018

Class 8-5:30pm

Pool 1-3pm with lunch before hand, bring your own lunch or money for lunch

**swim suits required

Sunday June 17, 2018

Pool 8-10AM **swim suits required

Class 10-2PM **no formal lunch break, bring your snacks