



SWIMMING 301 AGENDA - SEPTEMBER 16-22, 2019

Location - Crystal Lodge (301 course only) and
Hilton Whistler Resort (BC Swim Coaches Conference)

Date	Time	Session	Presenter	Location
Monday Sept. 16	9:00am - 6:00pm	301 specific Intro, housekeeping	Chad Webb Jackie Cool	Crystal Lodge Whistler
Tues. Sept.17	9:00am - 6:00pm	301 specific Mental Fitness	Sharleen H.	Crystal Lodge Whistler
Wed. Sept. 18	9:00am - 6:00pm	301 specific 3:00 - 5:30 pm	Allan W.	Crystal Lodge Whistler
Thurs. Sept 19	8:30am - 5:00pm	8:30 - 10:30 am 11:00 - 5:00pm (lunch 1-2pm)	Allan W. Steve N.	Crystal Lodge Whistler
Fri. Sept 20 - Sun. Sept 22	9:00am - 5:00pm	BC Coaches Conference and 301 related topics	Multiple Guest Speakers	Hilton Whistler
Sunday Sept. 22	12:00pm - 2:00pm	301 Portfolio/YTP questions		

The 301 course in BC in September 2019 will run in conjunction with the BC Coaches conference and attendance at both events will be required to complete the 301 training.

Please contact Chad Webb – chad.webb@swimbc.ca if you have any questions.

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