**Swim 101 Agenda**

**May 1 to May 16, 2021**

**Learning Facilitator:**

Wendy Shewchuk (lead LF)

Cell: 204-995-6565 Email: [wendyshewchuk@shaw.ca](mailto:wendyshewchuk@shaw.ca)

**Location:** Online Platform – Details will be sent by email to the candidates

**Saturday May 1, 2021**

1:00 – 2:00 PM Module 1: Intro/Role of the Coach

2:00 – 3:30 PM Module 2: Appropriate Athlete Development

3:30 – 5:00 PM Module 3: Teaching & Learning

**Sunday May 2, 2021**

9:00 – 10:00 AM “Pool” Session 1 - Core Swimming Principles

10:00 – 10:30 AM Module 7: Support the Athlete in Competition

10:30 – 1:00 PM Module 4: Analyze Performance Strokes

**Saturday May 15, 2021**

1:00 – 2:00 PM “Pool” Session 2 - Analyze Performance Strokes

2:00 – 3:30 PM Module 5: Analyze Performance Starts/turns

3:30 – 4:00 PM Break

4:00 – 5:00 PM “Pool” Session 3 - Analyze Performance Starts/turns

**Sunday May 16, 2021**

9:00 – 11:30 AM Module 6: Planning and Managing a Group

11:30 – 11:45 AM Break

11:45 – 1:00 PM Module 8: Wrap Up

***Note:*** *Early to connect will help course end on time –* ***thanks***

It will be a busy weekend so please remember to come prepared:

* Your completed pre-course workbook
* Snacks
* Lunches
* Water bottle
* Pens and/or Pencils
* Ideally a computer/laptop
* Course payment cheques payable to Swim Manitoba

I am looking forward to a great weekend of mutual learning and collaboration!

Wendy Shewchuk

Lead Learning Facilitator

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